**Transcript: Interview with a swimmer**

**Interviewer:**Hello, Dan.  
**Dan:**  Hi.  
**Interviewer:**  Can you tell me about a typical day in your life for the school magazine?  
**Dan:**  Yeah, sure.  
**Interviewer:**  So, what time do you get up?  
**Dan:**  Oh, I get up very early. I get up every day at 5 o’clock and go to the pool. Then I swim from 6 o’clock to 8 o’clock.  
**Interviewer:**You get up at 5 o’clock? Wow, that’s early!  
**Dan:**Yeah. Then at 8 o’clock I have a shower, I get dressed and I have breakfast. I have a big breakfast: cereals, toast, bacon and eggs and orange juice.  
**Interviewer:**  What do you do after breakfast?  
**Dan:**At 11 o’clock I go to university. I’m studying sports science and I have classes from 11 o’clock to 4 o’clock.  
**Interviewer:**  When do you have lunch?  
**Dan:**  I have lunch at about 2 o’clock at the university.  
**Interviewer:**What do you do after classes?  
**Dan:**  Sometimes I go to the gym and sometimes I meet my friends at a café.  
**Interviewer:**What time do you have dinner?  
**Dan:**  I have dinner at 7 o’clock, then I watch TV or go online and I usually go to bed at 10 o’clock.  
**Interviewer:**Thanks, Dan. That’s a busy day!